

ST. CLAIR COUNTY BEHAVIORAL HEALTH AND CRISIS RESOURCES

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| NATIONAL CRISIS LIFELINES |
| Suicide and Crisis Lifeline – Call or text 988 |
| Designated extensions: 1 for Veterans, 2 if you speak Spanish, 3 for LGBTQ+ |
| Crisis Text Line – text HOME to 741741 |
| National Runaway Safe Line – Call or text 1-800-RUNAWAY |
| Call 911 for emergency response from police, fire, or EMS |

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| REGIONAL CRISIS SERVICES |
| Adult Protective Services (Seniors and Disabled) 866-800-1409 |
| CARES Crisis Line (youth ages 2-21) 800-345-9049 |
| Chestnut Health Systems Crisis Line 618-877-0316 |
| CBHC Emergency and Crisis Intervention Services 618-482-7330 |
| Sexual Assault Crisis Line 618-397-0975 |
| Violence Prevention Center/Domestic Violence Assistance 618-235-0892 |

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| <p>Behavioral Health Inpatient Care:</p> <ul style="list-style-type: none"> -Touchette Regional Hospital: 618-332-3060 www.touchette.org -Gateway Regional Medical Center: 618-798-3888 www.madisoncountybehavioralhealth.com - Lincoln Prairie Behavioral Health Center (adolescent): 217-585-1180 www.lincolnpairiebh.com | <p>Behavioral Health Outpatient Care:</p> <ul style="list-style-type: none"> -Chestnut Health Systems: 618-877-4420 www.chestnut.org -Comprehensive Behavioral Health Center: 618-482-7330 www.cbhc1.org -Touchette Regional: 618-332-3060 www.touchette.org -Gateway Regional: 618-798-3888 www.madisoncountybehavioralhealth.com - Southern Illinois Healthcare Foundation: 618-274-9105 www.sihf.org |
| <p>Substance Use Disorder Services:</p> <ul style="list-style-type: none"> -Chestnut Health Systems: 618-877-4420 www.chestnut.org -Comprehensive Behavioral Health Center: 618-482-7330 www.cbhc1.org -Treatment Alternatives for Safe Communities (TASC): 618-277-0410 www.tasc.org -Gateway Foundation: 855-545-5565 www.gatewayfoundation.org -Alcoholic Rehabilitation Community Home (ARCH): 618-877-4987 www.archhouse.org -NARCAN education and distribution from Chestnut Health Systems: 618-877-4420 www.chestnut.org | <p>YOUTH SERVICES:</p> <ul style="list-style-type: none"> - Lincoln Prairie Behavioral Health Center: 217-585-1180 www.lincolnpairiebh.com -Chestnut Health Systems: 618-877-4420 www.chestnut.org -Comprehensive Behavioral Health Center: 618-482-7330 www.cbhc1.org -Hoyleton Youth & Family Services: 618-688-4727 www.hoyleton.org -Brightpoint: 618-235-5335 www.brightpoint.org -Caritas Family Solutions: 618-213-8700 www.caritasfamilysolutions.org -Regional Office of Education: 618-825-3900 www.sccroe50.org |

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| <p>Grief support groups, suicide loss, substance use loss:</p> <ul style="list-style-type: none"> -Heartlinks Grief Center: 618-277-1800 www.myheartlinks.com -Karla Smith Foundation: 618-624-5771 www.karlasmithbehavioralhealth.org | <p>Substance Use Support Groups:</p> <ul style="list-style-type: none"> -(AA): 718-306-9298 www.aa-meetings.com -(NA): www.metroeastna.org |
| <p>Veteran Resources:</p> <ul style="list-style-type: none"> -St. Clair County Veterans Assistance Commission: 618-277-0040 www.co.st-clair.il.us -VA 800-228-5459 www.stlouisva.gov 988, Veterans press 1 | <p>Gambling Treatment and Resources:</p> <ul style="list-style-type: none"> -Chestnut Health Systems: 618-877-4420 www.chestnut.org |
| <p>Medical Centers:</p> <ul style="list-style-type: none"> -BJC Memorial Belleville: 618-233-7750 www.bjc.org -BJC Memorial East: 618-607-1000 www.bjc.org -HSHS St. Elizabeth's: 618-234-2120 www.hshs.org | <p>Health Centers and Primary Care:</p> <ul style="list-style-type: none"> -SIHF: 618-332-0953 www.sihf.org/providers -Chestnut Health Systems: 618-877-4420 www.chestnut.org |
| <p>Mental Health Support Services:</p> <ul style="list-style-type: none"> -Depression and Bipolar Alliance (DBSA): 618-444-6927 www.dbsalliance.org -National Alliance for the Mentally Ill (NAMI): 618-798-9788 www.namiswi.org Helpline: 800-273-8255 | <p>Agging/Senior Citizen Services:</p> <ul style="list-style-type: none"> -AgeSmart Community Resources: 618-222-2561 www.agesmart.com -SWIC's PSOP Older Adult and Caregiver Counseling: 618-234-4410 -SIVNA: 618-236-5863 |
| <p>Assistance/Benefits:</p> <ul style="list-style-type: none"> -Red Cross 618-397-4600 www.redcrossstl.org -Catholic Urban Program 618-398-5616 www.catholicurbanprogram.org -St. Clair County Health Department 618-233-7703 www.scchealthdept.com -Social Security Administration 800-772-1213 www.ssa.org -IL Medicaid/IDHS 800-843-6154 https://abe.illinois.gov -St. Clair County Intergovernmental Grants Dept.: 618-277-6790 -St. Clair County Housing Resource Center: 618-825-3330 www.sccoc.org -St. Clair County Housing Authority 618-277-3290 www.sccha.org | <p>St. Clair County Suicide Prevention Alliance, and suicide prevention education: 618-277-6022 www.stc708.org</p> <p>American Foundation for Suicide Prevention (AFSP Illinois Chapter) www.afsp.org</p> <div data-bbox="829 1549 1349 1675" style="text-align: center;">  <p>ST. CLAIR COUNTY MENTAL HEALTH BOARD</p> </div> <p>618-277-6022 www.stc708.org</p> |